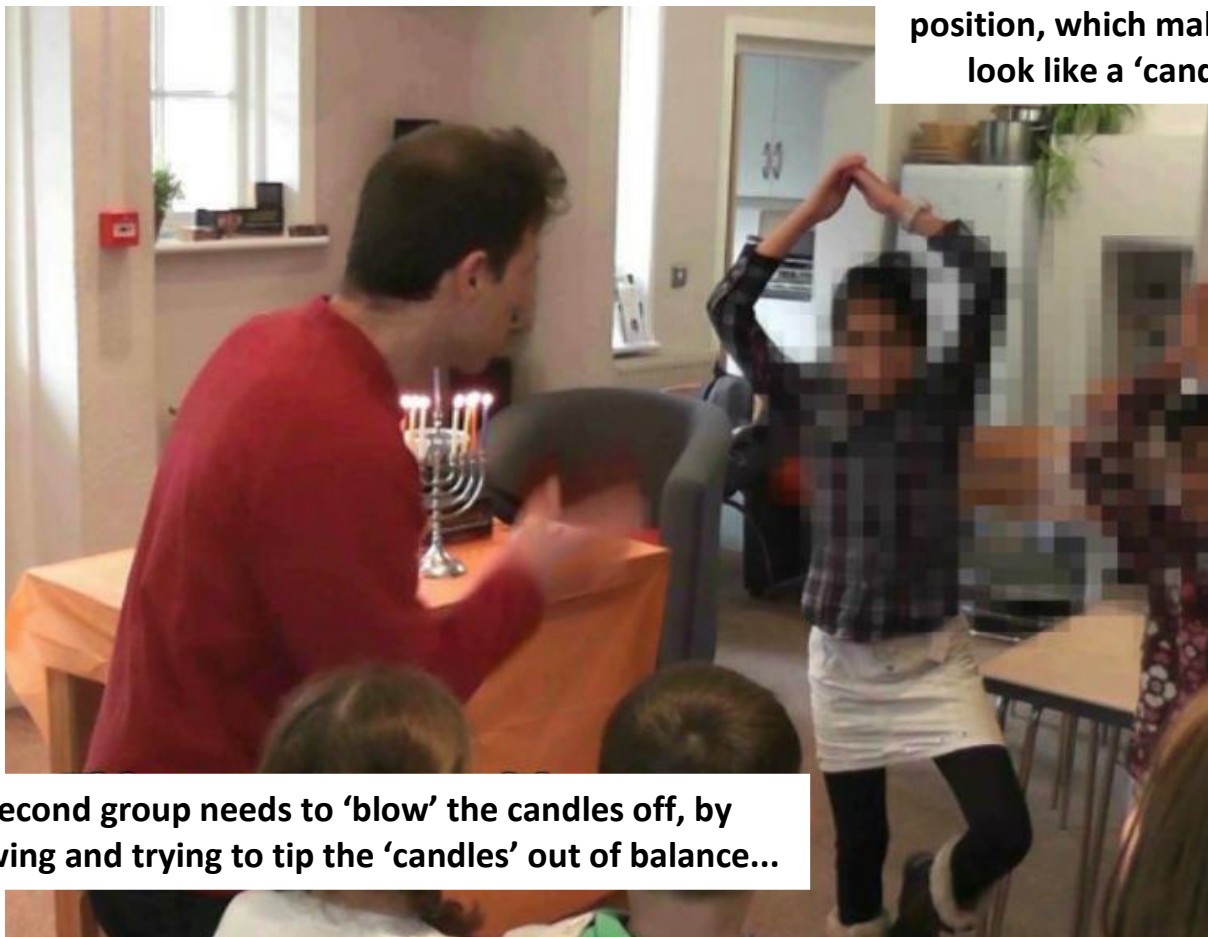


The Yoga Candle game for Hanuka.

- Two groups of children standing in two rows.
- One Group in Yoga 'tree' pose, with hands above the head, and one foot rests on the thigh. This is the tree pose – which looks like a 'candle' pose...
- Second group needs to blow the candles 'out', by simply blowing and thus trying to get the 'candles' children off balance.
- Groups to swop.

[CLICK HERE TO VIEW VIDEO EXAMPLE](#)



Stand in the Yoga 'Tree' position, which makes you look like a 'candle'.

Second group needs to 'blow' the candles off, by blowing and trying to tip the 'candles' out of balance...

Further resources:

www.PoeticMind.co.uk

[Natalie and Gil Dekel.](#)